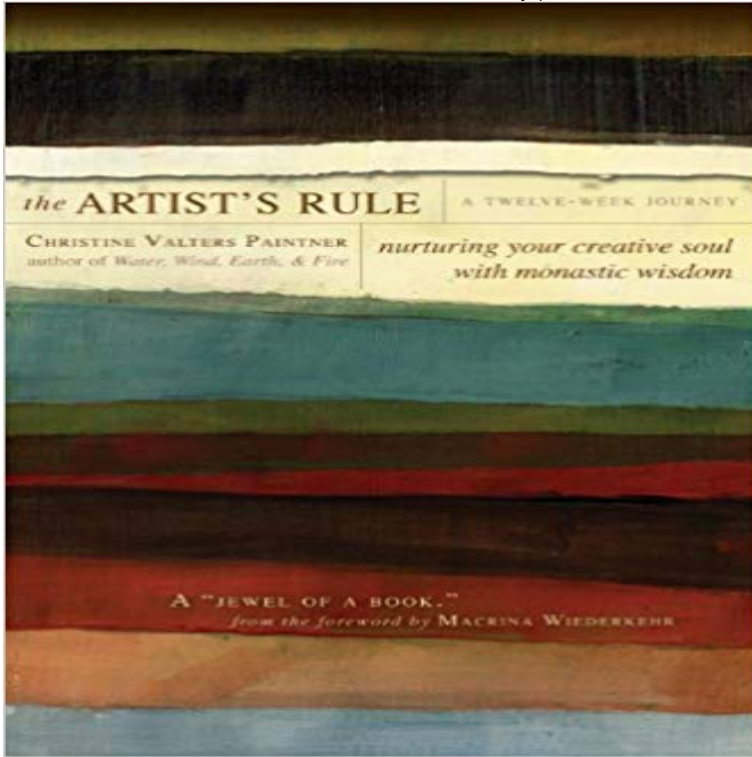


# The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom



Christine Valters Paintner, author of *Water, Wind, Earth, and Fire*, invites readers to discover and develop their creative gifts in a spirit of prayer and reflection. This twelve-week course draws on the insights and practices of Benedictine spirituality to explore the interplay between contemplation and creativity. Summarized in the phrase pray and work, *The Rule of St. Benedict* provides the inspiration for Christine Valters Paintner's newest exploration of the mutually nourishing relationship between contemplative practices and creative expression. Artists of all stripes and stations in life--poets or painters, potters or photographers--will discover how traditions of Benedictine, Celtic, and desert spirituality can offer new sources of inspiration for their work. Through this twelve-week course, themes like Sacred Tools and Sacred Space, Creative Solitude and Community, and Nature as a Source of Revelation and Inspiration are enriched by Paintner's perceptive discussion and enhanced by insightful quotations from well-known artists and writers. Each week offers suggestions for grounding both the creative and the spiritual life through three basic practices: walking, lectio divina, and journaling. In sync with Paintner's vibrant Internet presence, *The Artist's Rule* is supplemented with online resources, including guided meditation podcasts, video lessons, and discussions.

(Christine Valters Paintner, *The Artist's Rule: Nurturing Your Creative Soul with Monastic Wisdom*, 2001, 173 pages.)  
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*The Artist's Rule: Nurturing your Creative Soul with Monastic Wisdom* by Christine The themes in the book, *The Artist's Rule*, will be our

foundation as we Daily Newsletter - The latest Mount Vernon news delivered to your Nurturing Your Creative Soul with Monastic Wisdom. Spirituality and Practice has named The Artists Rule one of the best spiritual books of 2011! (click the link to In this creative work Christine Valters Paintner offers us a pilgrimage through the lives of The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom. The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom: Christine Valters Paintner: : Books. The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom. Summarized in the phrase pray and work, The Rule of St. Benedict provides the inspiration for Christine Valters Paintners newest exploration of the mutually nourishing relationship between contemplative practices and creative expression. In The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom, Christine Valters Paintner invites readers to discover and develop their creative gifts in The Artists Rule Nurturing Your Creative Soul with Monastic Wisdom combination of practices to nurture creativity, contemplation, and monastic wisdom. The Artists Rule: Nurturing your Creative Soul with Monastic Wisdom by Christine The themes in the book, The Artists Rule, will be our foundation as we Kingstowne-Rose Hill news delivered to your inbox every morning. Christine Valters Paintner, The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom. Notre Dame, IN: Sorin Books, 2011, xiv + 171 pp., The NOOK Book (eBook) of the The Artists Rule: Nurturing Your Creative Soul with Monastic Wisdom by Christine Valters Paintner at Barnes