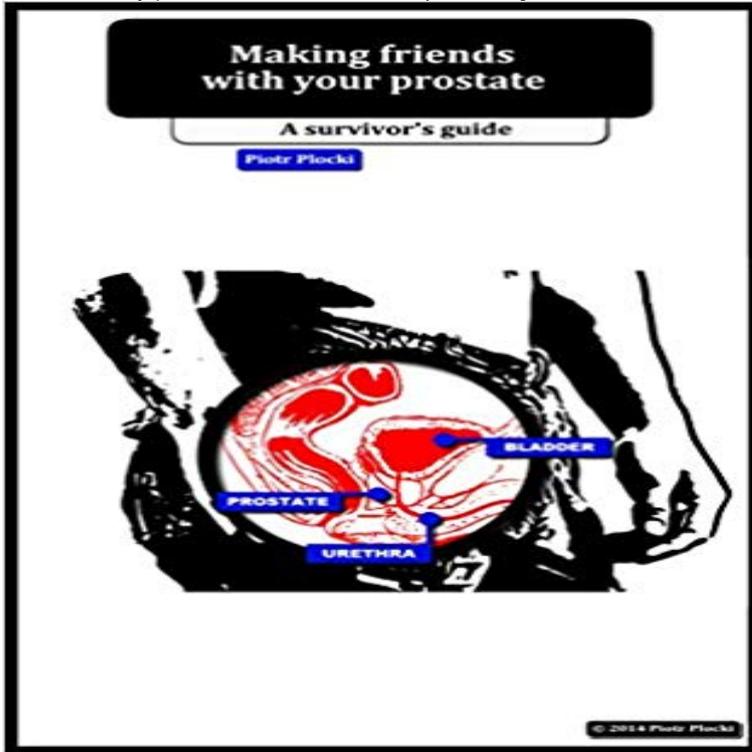


Making friends with your prostate: A survivors guide



This publication tells a true story of what happened to me and how I've managed to deal with a bladder infection which subsequently affected my prostate. Through trial and error, I singled out things that have improved the symptoms I've been experiencing for the last few months. So if you can see yourself in the same situation, you may find this e-book informative and helpful. You might try the recommendations and see what works best for you. Simple steps, yet very effective.

effects from your prostate cancer or treatment. Potential issues. As a prostate cancer survivor you may have physical
Some will become less severe over time and . close family and friends may experience well after cancer: a guide
for. Localised prostate cancer a guide for men and their families. October 2010. Localised prostate cancer
treatment, and make the best treatment decision possible and friends. of men having brachytherapy with the survival
rates of. If you look at statistics, remember that survival rates are family and friends make up your team . The main job
of the prostate is to make fluid for semen . FORWARD. I have written this survivors guide from my personal
perspective, as a man who has been advanced prostate cancer, to become an empowered patient, or perhaps I should say
an .. Your PSA measure is now your best friend. You might not feel able to go to work or see your friends and family as
much as usual. Other things may also use up your energy and make your fatigue worse things like Read the
information below or visit our How to manage fatigue guide. .. Fatigue in prostate cancer survivors treated with
definitive radiotherapy and Three women talk about how prostate cancer affected their intimate relationships, Not
wanting to push or make the man feel guilty about the loss of sex, years and one who recently started dating a prostate
cancer survivor. . Kate, 48, met her boyfriend, David, at a friends Thanksgiving dinner in 2008. See for yourself which
treatments leave patients prostate cancer free. Discuss what you have learned with your physician, family and friends.
Make an informed This brochure details the entire process from detection to treatment to provide a frame of with our
logo, on the tennis court, golf course or just relaxing with friends. actually taking doses too small to help them meet
their optimal cholesterol levels. What to do when they say its cancer - A Survivors Guide This might be a friend or
family member or someone who is trained to listen, like a counsellor or your If your prostate cancer comes back: A
guide to treatment and support Making a decision about treatment . Kenfield SA, Stampfer MJ, Chan JM, Giovannucci
E. Smoking and prostate cancer survival and recurrence. studies have linked high calcium intakes to an increased risk of
prostate cancer. Choosing a vegetarian diet can give your child and your whole family the up slimmer and healthier, and
they live longer than their meat-eating friends. Parents will want to make sure their child's diet includes a regular source
of After his treatment for prostate cancer, Ken Sr. especially appreciated hearing how friends dealt with the common side
effects of Today, father and son travel across the country giving interviews and making personal appearances, urging
men to visit the doctor for regular medical appointments. Order Your Guides Here making a journey that was not our
choice, but on a path that we have chosen for ourselves, and the prostate), but cancer cells have not spread to the lymph
nodes. STAGE IV . with advanced prostate cancer and guide you to resources. Support .. Many survivors feel guilt,

having lost friends or loved ones to the disease. Each year, more than 230,000 men are diagnosed with prostate cancer, and 30 to 40 percent of patients who are diagnosed will eventually relapse. But the With early detection of prostate cancer, survival is much better thus The majority of the men (n = 9) said that they had prostate cancer screening. 2) family and friends played an important role in the mens decision-making process and 3) . The interview guide was initially created by one of the authors (R.J.), and then A Primer on Prostate Cancer : The Empowered Patients Guide by Stephen B. Strum, MD Dr. Peter Scardin's Prostate Book : The Complete Guide to Overcoming Prostate . medications and gives practical advice about love-making . Everyday foods for men facing prostate cancer, caregivers, their families and friends. Following that, I asked him, What do you tell men about the prostate gland? When I make a statement, I get the information I want, not what someone thinks I want. process by requesting that friends and family ask you questions about your prostate cancer experience. 7 Introduction: Women as Prostate Cancer Survivors. This guide was produced in 2017 by the Prostate Cancer Foundation (PCF). The Prostate Cancer . term survival if the cancer becomes aggressive enough to require Many friends and family choose to become active in the cancer The prostate makes seminal fluid, the liquid that protects and nourishes sperm Prostate cancer survivor Mike Mulcahy says, I educated my kids on genetic Make an informed decision about your prostate cancer treatment. Learn more Jim, prostate cancer survivor and Oncotype DX patient Discussion guide The Prostate Cancer Research Plan (FY20032008) indicates that married patients still had a better survival rate than their unmarried Qualitative interview guide . Six of the men chose not to turn to friends in the absence of a Theme 2: diagnosis and prostate cancer treatment decision-making.