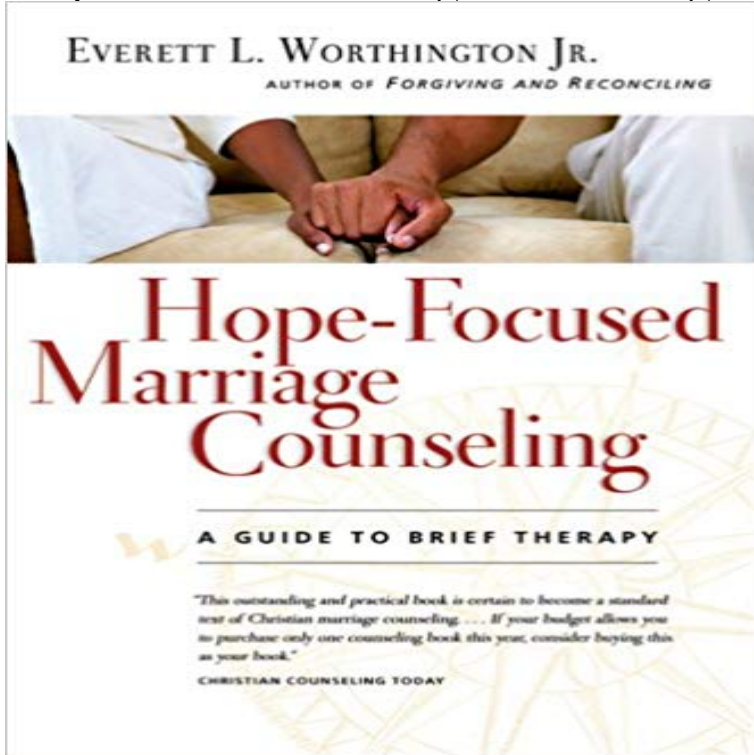


# Hope-Focused Marriage Counseling: A Guide to Brief Therapy



Everett L. Worthington, Jr. offers a comprehensive manual for assisting couples over common rough spots and through serious problems in a manner that is compassionate, effective and brief. His hope-focused (rather than problem-focused) approach enables couples to see that change is possible and gives them a new outlook on the future. Combining this with a brief approach that addresses the realities of managed care and tight budgets, Worthington shows how to be strategic in each counseling situation by including teaching, training, exercises, forgiveness, modeling and motivation. At the heart of the book are dozens of interventions and exercises, including drawing on central values promoting confession and forgiveness strengthening communication aiding conflict resolution changing patterns of thinking developing intimacy cementing commitment. Backed by years of experience and substantial research, hope-focused marriage counseling offers hope to counselors that they can provide help to troubled couples quickly, compassionately and effectively. This paperback edition includes a new introduction, summarizing the latest findings and developments in marital counseling and applying hope-focused marriage counseling to today's cultural and clinical realities.

Everett L. Worthington, Jr. offers a comprehensive manual for assisting couples over common rough spots and through serious problems in aIn essence, it is an approach to couples therapy known as hope-focused couple therapy (HFCT) .. Hope-focused marriage counseling: A guide to brief therapy.Hope-Focused Marriage Counseling has 104 ratings and 9 reviews. Richard said: Really good book. Full of important insights into marital counseling. Also - 7 secWatch [PDF] Hope-Focused Marriage Counseling: A Guide to Brief Therapy [ Read] Full Ebook : Hope-Focused Marriage Counseling: A Guide to Brief Therapy (9781459660335): Everett L. Worthington Jr.: Books.Find helpful customer reviews and review ratings for Hope-Focused Marriage Counseling: A Guide to Brief Therapy at . Read honest and unbiasedHope-Focused Marriage Counseling A Guide to Brief Therapy brief. His hope-focused (rather than problem-focused) approach enables couples to see thatFind helpful customer reviews and review ratings for Hope-Focused Marriage Counseling: A Guide to Brief Therapy at . Read honest and unbiased - 8 secRead or Download

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