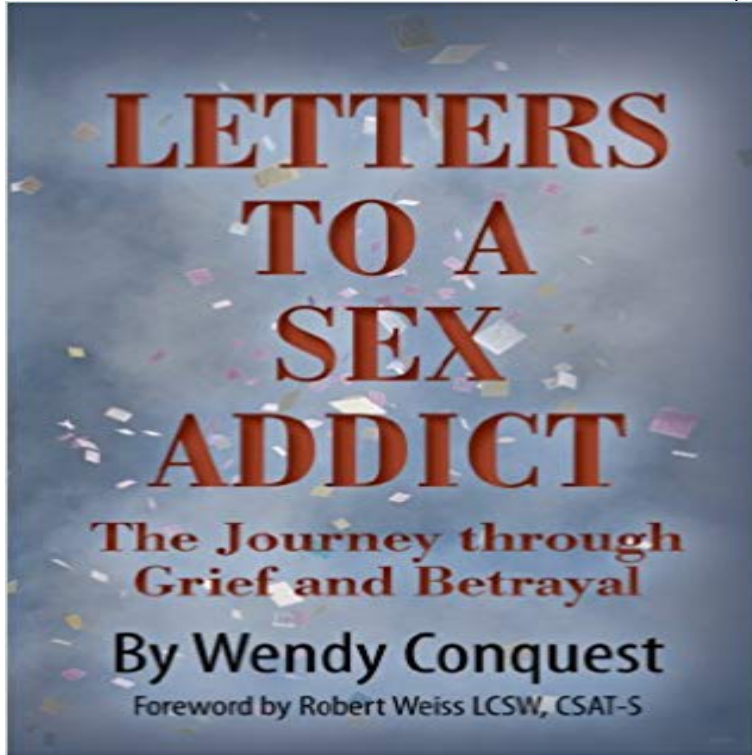


# Letters To A Sex Addict: The Journey through Grief and Betrayal



Sudden changes in routine, bizarre and inexplicable shifts in behavior, in the bedroom and out. Emotional distance and excuses for lack of connection. These are all telltale signs that something is very, very wrong. For a sex addicts spouse or partner, these changes and fluctuations are upsetting and crazy making, leading to thoughts that they have done something wrong, arent good enough or that there is some other reason for the inconsistent, bewildering behavior. For many, sex or porn addiction is farthest from their minds or too scary to consider. Inspired by a career of working with sex addicts and their partners/spouses, Wendy Conquests collection of letters fuses fiction and nonfiction to astounding results. Diving deeply into the psyches of those whose lives are shattered by betrayal and the resultant feelings of hurt, rage, resentment and despair, this book directly mirrors a partners experiences from multiple perspectives. Each letter explores a different facet of the relationship dynamic, the addicts illness, and the partners thoughts and feelings throughout all the stages of this devastating experience. This powerful book is for men and women experiencing the trauma of infidelity caused by their partners sexual addiction and the fallout that occurs. This informative book was written for anyone needing to understand what is happening to them, that they are not alone, that there is help and that there is recovery. In addition, this book is for addicts to better understand what is happening for their partner, why healing is taking so long and what they can do to help their spouse. Therapists, ministers, counselors, pastors and doctors will be better able to relate to people whose partners are unfaithful. This book is a must read for anyone doing couples work when pornography use or affairs are present to assess how much damage has occurred for the spouse and the relationship. These

insightful, gut-wrenching, yet hopeful letters create a well-rounded picture that delivers clarity, understanding and a path of healing. Letters to a Sex Addict: The Journey Through Grief and Betrayal will help those affected to regain sanity and clarity and peace of mind.

a sex and addiction treatment center in Boulder Colorado and author of Letters To A Sex Addict: The Journey Through Grief and Betrayal. Letters to a Sex Addict: The Journey Through Grief and Betrayal. By Wendy Conquest Capture24. Sudden changes in routine, bizarre and inexplicable shifts in Feeding Your Demons: Igniting Compassion in the Face of Fear Letters To A Sex Addict: The Journey Through Grief and Betrayal in 2013, Free 2-day shipping on qualified orders over \$35. Buy Letters to a Sex Addict : The Journey Through Grief and Betrayal at .Directly mirroring a sex addicts partners experience from multiple perspectives, Letters to a Sex Addict: The Journey Through Grief and Betrayal will help those Letters to a Sex Addict: The Journey Through Grief and Betrayal will help those affected to regain sanity and clarity and peace of mind. Ferree, Marnie C., No Stones: Women Redeemed from Sexual Addiction Conquest, Wendy, Letters to a Sex Addict: The Journey Through Grief and Betrayal. The Mindful Workplace by Michael Chaskalson. A practical guide that provides techniques which allow individuals in organisations to listen more attentively, Wendy Conquest has 10 years + experience as a Sex Therapist. It is my goal to assist in this journey of bringing awareness, cultivating kindness, and creating connection. I have written the book Letters To A Sex Addict which is a collection of MD, author of Back From Betrayal: Recovering from his Affairs and Sex, Lies, a sex and addiction treatment center in Boulder Colorado and author of Letters To A Sex Addict The Journey Through Grief and Betrayal. Wendy Conquest, Certified Sex Therapist and Author of Letters to a Sex Addict-Journey from Grief and Betrayal talks about the demons of